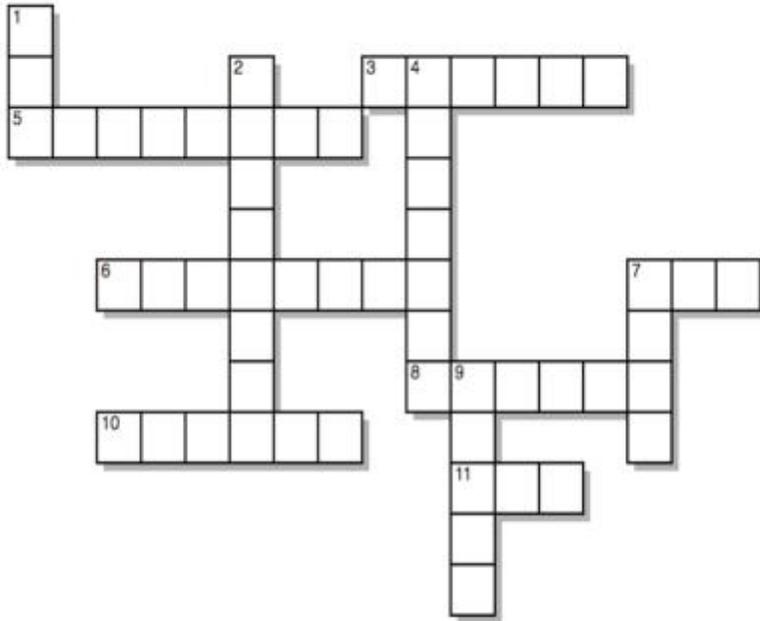


Telegram's Crossword Puzzle



ACROSS

- 3 Marijuana Producer
- 5 State with the most licensed marijuana businesses
- 6 Officially allow, as marijuana use
- 7 Kind of weed
- 8 Cannabis variety
- 10 High on marijuana
- 11 Moroccan marijuana

DOWN

- 1 Marijuana's chief intoxicant
- 2 Resin used to produce marijuana
- 4 Marijuana cigarettes
- 7 Marijuana user's hookah
- 9 Puffs on a marijuana cigarette

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TELEGRAM

One source for Cannabis Everything

MONTHLY

DR. MARTIN LUTHER KING, JR., AND CANNABIS PROHIBITION



What would Dr. Martin Luther King, Jr., say about medical marijuana patients?

5 POSITIVE PREDICTIONS FOR THE CANNABIS INDUSTRY IN 2017

Here are five predictions that may or may not come true in 2017 around the issue of cannabis.

Top Shelf 1/8 for only \$35
Details Inside

THE HERO OF HOLLYWEED

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4 Positive Predictions For The Cannabis Industry In 2017

1. Massachusetts will emerge as a cannabis powerhouse: The state has already had a functioning medical cannabis initiative for four years. The new recreational measure, however, kicks the door wide open for cannabis entrepreneurs and users alike. The economic benefits of cannabis legalization in the state are set to be huge, with some estimates putting the figure as high as \$1.1 billion in just four years.

2. There will be a wealth of new studies on medicinal cannabis: Groundbreaking studies are already beginning to take shape, ensuring that the next several years could bring about fundamental advancements in the ways cannabis is understood as a medicine.

3. The number of cannabis arrests will continue to plummet: Arrests for both the use and the sale of cannabis have been declining steadily over the past six years, as more states institute pro-legalization policies and the feds focus on substances that they deem to be more harmful. Data bears this out: All four of the states that had legalized recreational cannabis before 2016 have seen dramatic decreases in their numbers of arrests.

4. Cannabis access will expand globally: As the United States begins to liberalize its cannabis laws on both macro and micro levels, the same is looking as though it will occur across the world.

Many of the world's most visible and influential nations – such as Germany, Canada, and Spain – have seen a rise of outspoken cannabis users and proprietors urging for the substance to be legalized.



AKANA WESTING SPREADABLE, EDIBLES ARE NOW AVAILABLE TO YOU THROUGH TELEGRAM.

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SPREADABLE, EDIBLE ALMOND BUTTER

Delicious by the spoonful or the toast-ful, AKANA WESTING Medicated Almond Butter is sure to please. The great taste comes from freshly roasted, hand ground almonds mixed with locally sourced California herb, a dash of cinnamon and fine sea salt. It comes in 4 oz jars with 100 mg of THC.

We recommend storing your opened jar of AKANA WESTING Almond Butter in the refrigerator for best results.

SPREADABLE, EDIBLE COCONUT OIL

Smooth, creamy, and potent- thanks to locally sourced California herb, AKANA WESTING Medicated Coconut Oil is great for cooking, baking, adding to smoothies, or stirring in coffee. Coconut oil is easy to digest and chock full of medium chain triglycerides (MCTs) and amino acids. AKANA WESTING combines two highly beneficial ingredients to create one powerful, medicated superfood. Made with only organic coconut oil it has a neutral taste for use versatility. Get creative and get enlightened. Offered in 4 oz jars with 100 mg of THC.

AKANA WESTING™ is a California based spreadable edible team. Started by three friends with backgrounds in agriculture, chemistry, and engineering; and values rooted in health, nutrition, and cooking they set out to create an exceptional edible product.





The Hero of HOLLYWEEED

In case you missed it this New Year's the citizens and tourists got a wonderful welcome when they looked up at Mount Lee in Hollywood, or should we say "HOLLYWEEED!" The iconic Hollywood sign was given a hilarious, yet impactful redesign given that the state of California now has recreational marijuana after a November 8th vote in favor of the law change by its illustrious citizens.

A Vandal, scratch that, a HERO, climbed Mount Lee under the cover of night to change the landmark with some tarps and huge balls to signal that 2017 marks the occasion of "HOLLYWEEED." Hide original message

The captured security footage recorded at 3 a.m. Sunday displayed a "lone individual" scaling up the mountain, climbing the sign's ladders and hanging tarpaulins over the O's to switch them to E's, said Sgt. Guy Juneau of the Los Angeles Police Department's Security Services division.

It could have been a New Year's Eve prank, Juneau said, or the work of "a thrill seeker."

The surveillance footage displays a person dressed in an all black outfit, along with tactical-style gear. One of the tarpaulins was decorated with a peace sign, and another with a heart. Because the sign was not damaged, the prank will be investigated as misdemeanor trespassing. The police have currently no suspects.

Some Angelenos joked that the alteration reflected California's recent vote to legalize recreational marijuana. The New Year's Day change is far from the first time the Hollywood sign has been edited by artists and pranksters.

The sign was built back in 1923 as an advertisement for a housing development, originally read "Hollywoodland." Mother Nature became the sign's first editor, knocking out the H in a violent storm way back in 1949. The Hollywood Chamber of Commerce restored the letter but removed the "land" the same year.

On New Year's Day of 1976, the sign became "HOLLYWEEED" for the first time —this was due to the works of Cal State Northridge student Daniel Finegood, who climbed Mount Lee with \$50 worth of curtains. The alteration was his project for an art class assignment on working with scale. Needless to say, he earned an A!

So to this Cannabis Advocate, activist or enthusiast we at MarijuanaStocks.com Salute you!



420TELEGRAM.COM

4 WAYS TO USE CANNABIS FOR BETTER HEALTH IN THE NEW YEAR



▼ Raw Cannabis Juice

One of the most cutting-edge health trends, juicing raw cannabis provides benefits without psychoactivity. Since there is no THC in the raw plant, only THC-A (or acid), you won't get high, but consuming raw cannabis will deliver mega-doses of powerful antioxidants, along with healthy chlorophyll and most of the plant's aromatic terpenes, which also have therapeutic benefits. Mendocino County physician, Dr. William Courtney, is one of the biggest proponents of raw juicing, recommending using only organic cannabis leaves, which can be mixed into salads or blended into smoothies.



▼ Smoking Pot Can Help Weight Loss

It might seem counterintuitive, since marijuana is famous for inducing the munchies, but pot can actually help you maintain a lower weight. Despite consuming more calories overall than their abstaining counterparts, a study published in the American Journal of Medicine confirmed that marijuana users have smaller waist circumferences (1 1/2 inches smaller on average than non-cannabis users), higher levels of HDL cholesterol that lowers the risk of cardiovascular disease and are less likely to develop Type II diabetes. So toke up!

▼ Make Healthier Edibles

Too many commercial edibles come laden with sugar and fat, hardly intended to be healthy fare for everyday consumption. But it doesn't have to be that way, especially if you make edibles at home. Look to savory dishes instead of desserts to lighten your edibles regime. You'll be rewarded with better tasting edibles as well, since the herbaceous flavor of cannabis more readily compliments spicy and savory dishes.

Instead of infusing butter with cannabis, use a healthier alternative like coconut oil, which has tremendous health benefits and can be successfully substituted for butter in most baking recipes. Olive oil is another good cannabis infusion carrier. Use it to make a vinaigrette dressing to pour over salad, steamed veggies and fish.



▼ Getting Baked Makes Healthy Foods More Satisfying

Since marijuana heightens sensory perception, being high can help you savor the clean, natural taste of healthy, low fat foods. If you set your intentions, moderate cannabis use can assist in mindful eating. Slow down, relax and use your buzz to enhance and appreciate the unique aroma, taste and texture of your food. Chew slowly, visualizing how the food will transform into energy, making your body strong and vibrant. Smoke or vape a few hits of good strong weed, and even crunchy raw celery and perfectly steamed broccoli will transform into tantalizing treats!



THE REAL COST OF THE WAR ON WEED

1,552,432 ARRESTED FOR DRUG ABUSE IN 2012

42.4%

POSSESSION OF MARIJUANA

5.9%

EVERYTHING ELSE

SELLING/GROWING MARIJUANA

AVERAGE PRISON SENTENCE FOR MARIJUANA BASED CRIMES:

36.8 MONTHS



ANNUAL COST PER INMATE:

749,824 INMATES PER YEAR × \$21,000.00

\$15,746,304,000.00 PER YEAR

ANNUAL DEATHS IN THE USA



17 New Year's Resolutions For Stoners in 2017

11. Smoke every day at 4:26
12. Buy a Full Vape Pen. Replicate the Hit
13. Grow Your Favorite Strain
14. Find the Best Album to Get High From
15. Fight Your Demons Your Friends
16. Find the Best Album to Get High From
17. Make Your Own High Juice
18. Make Your Own High Juice
19. Smoke With Family
20. Period Your Own Rolling Technique
21. Buy New Friends to Talk With
22. Go On a Dope Road Trip with Your Friends
23. Find the Ultimate Late Night Music Playlist
24. Make Your Own High Juice
25. Perfect Your Vape E-cigarette Recipe
26. Smoke The Best Weed You've Ever Smoked



Are you ready for the new year? Make 2017 the best year yet by sticking to your New Year's Resolution. While some people will be renewing their gym membership, I personally will be looking toward fulfilling other goals, if you know what I mean. If you're not quite sure where to start, take a look at some of these dope New Year's Resolutions for stoners!

Here are this month's winners

Here's a chance to get a \$45 top shelf 1/8th for a \$35 donation. Leave a comment on WeedMaps or FB. At the end of the month we will pick the top 6 comments, and feature them in our newsletter. If you see your comment, you get any strain 1/8th for a \$35



BigBearJew Helpful? Report Remove official response
5.0 ★★★★★

The best in LA 3 days ago

TeleGram Collective

Hands down the best shop in LA, the product is always better than what I can get anywhere else, for a better price, too, the staff is full of cool heads, always helpful, always in a good mood, always friendly, they even laugh at my stupid jokes! For those reasons, I'll never go anywhere else. thanks for the holiday love!
-nicolas

TeleGram Collective

kristenmydear Helpful? Report Remove official response
5.0 ★★★★★

BEST IN SANTA CLARITA!!! 2 days ago

TeleGram Collective

I love these guys. Since moving here, they're the only guys I've come back to after trying everybody. Beyond happy with the quality, price, speed and just general vibe here. My search is over, I've found my go-to!

bsg Helpful? Report Remove official response
5.0 ★★★★★

Completely satisfied 13 days ago

TeleGram Collective

Today was my first time using TeleGram and I'm sold. The staff were nice and knowledgeable. The topping on the cake was the new patient and xmas gifts!!! I'll definitely be using their services again.

Michelc Helpful? Report Remove official response
5.0 ★★★★★

Totally satisfied 9 days ago

TeleGram Collective

I absolutely love TeleGram, they are the best delivery. The eatables are amazing! The Skywalker OG is on point.

avocadojay Helpful? Report Remove official response
5.0 ★★★★★

DANK 16 days ago

TeleGram Collective

Definitely going back. Good buds, cool staff!

Victorg46 Helpful? Report Remove official response
4.8 ★★★★★

dank meds 9 days ago

TeleGram Collective

their platinum bubba is fire right now @ 13 bucks a gram. nice purple tone to it and crystals are nice and clear